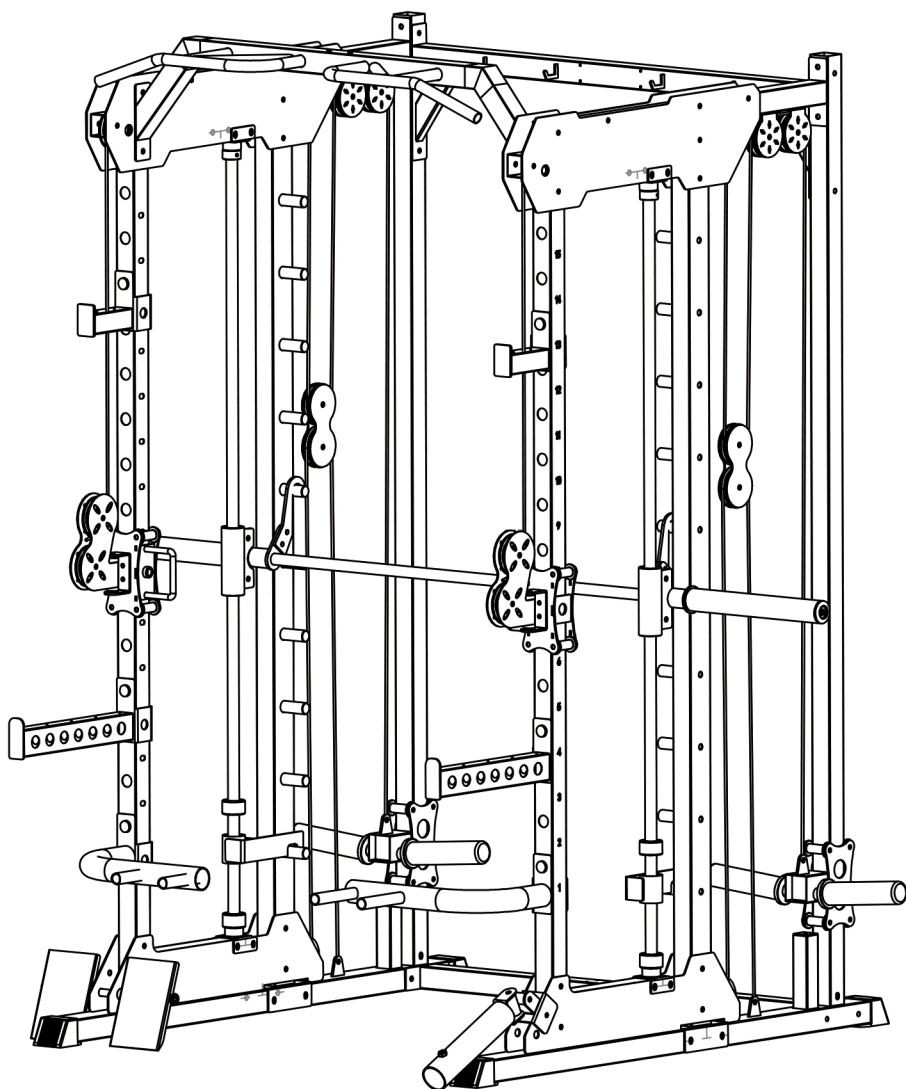
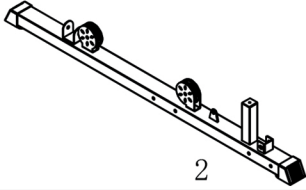


SMITH SQUATS



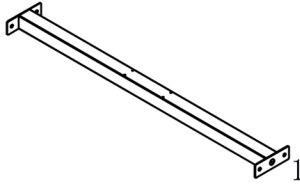
Parts Details

1:Base



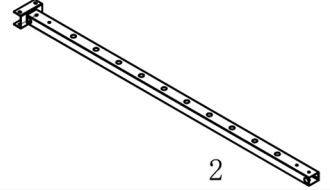
2

2:Lower crossbeam



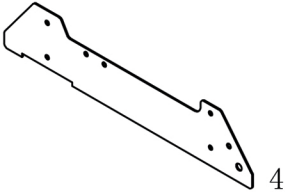
1

3:Middle column



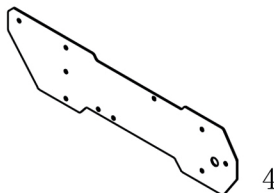
2

4:Lower guard



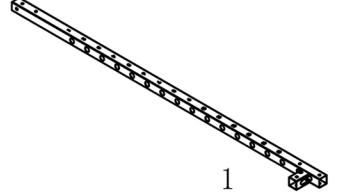
4

5:Upper guard



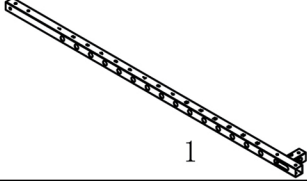
4

6:Right front column



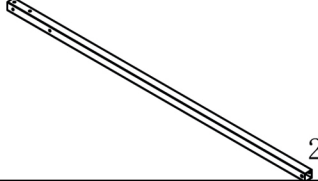
1

7:Left front column



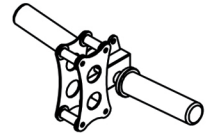
1

8:Rear column



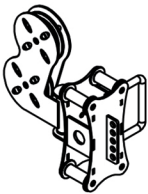
2

9:Counterweight frame



2

10:Left slider sleeve group



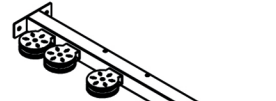
1

11:Right pulley slide block



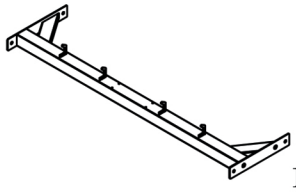
1

12:Side cross member



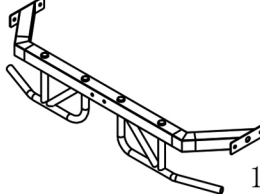
2

13:Upper crossbeam



1

14:Introduction



1

15: Barbell



1

16:Slide sleeve of guide rail



2

17:Guide

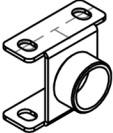
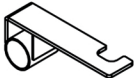
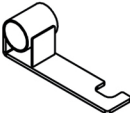
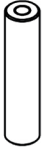
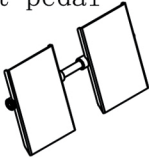
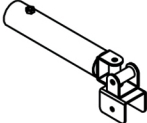
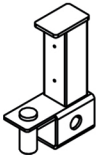
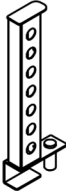
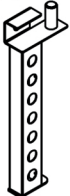
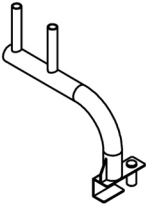
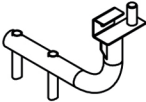
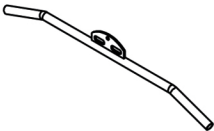
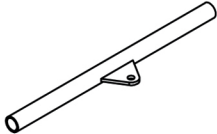
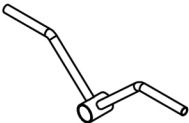


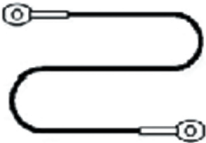
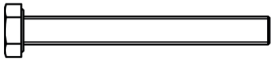
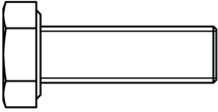
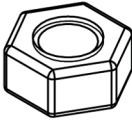
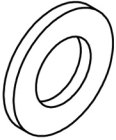
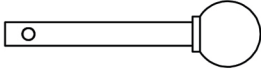
2

18:Smith hook

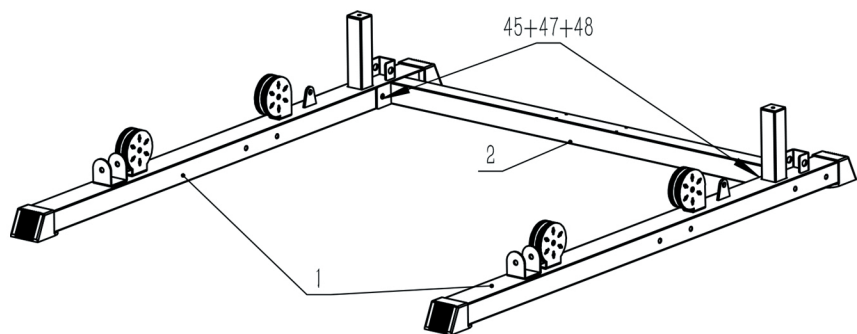


2

Parts Details		
19:Upper fixing group of guide rail  2	20:Lower fixing group of guide rail  2	21:Guide rail fastener  2
22:Right safety hook  1	23:Left safety hook  1	24:Hanging shaft  20
25:Movable pulley block  2	26:Foot pedal  1	27:Barrel  1
28:Right short protective bar  1	29:Left short protective bar  1	30:Right long protective bar  1
31:Left long protective bar  1	32:Right curved blind tube  1	33:Left curved blind tube  1
34:Long handle  1	35:Short pull handle  1	36:Barbell handle  1

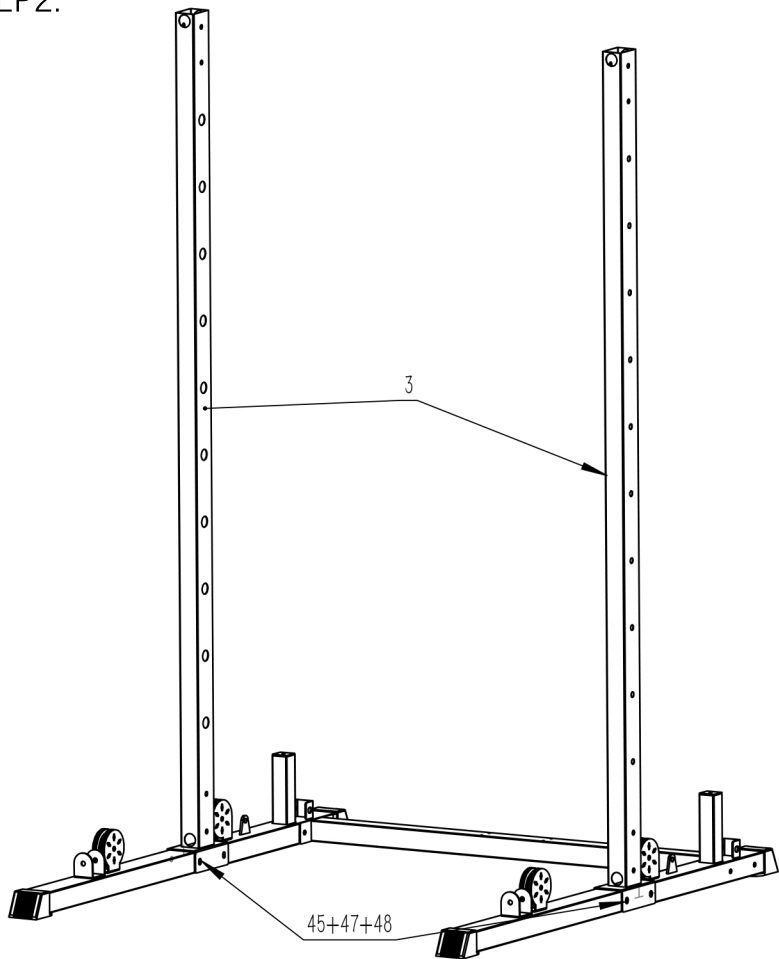
Parts Details		
37: Long rope  2	38: Short rope  2	39: Shock pad  4
40: Screw (M10*25)  16	41: Screw (M10*65)  2	42: Screw (M10*70)  8
43: Screw (M10*75)  26	44: Screw (M10*80)  8	45: Screw (M10*90)  8
46: Screw (M12*20)  20	47: Nut (M10)  66	48: Flat pad (M10)  134
49: Flat pad (M12)  20	50: Round shank pin  1	

STEP1:



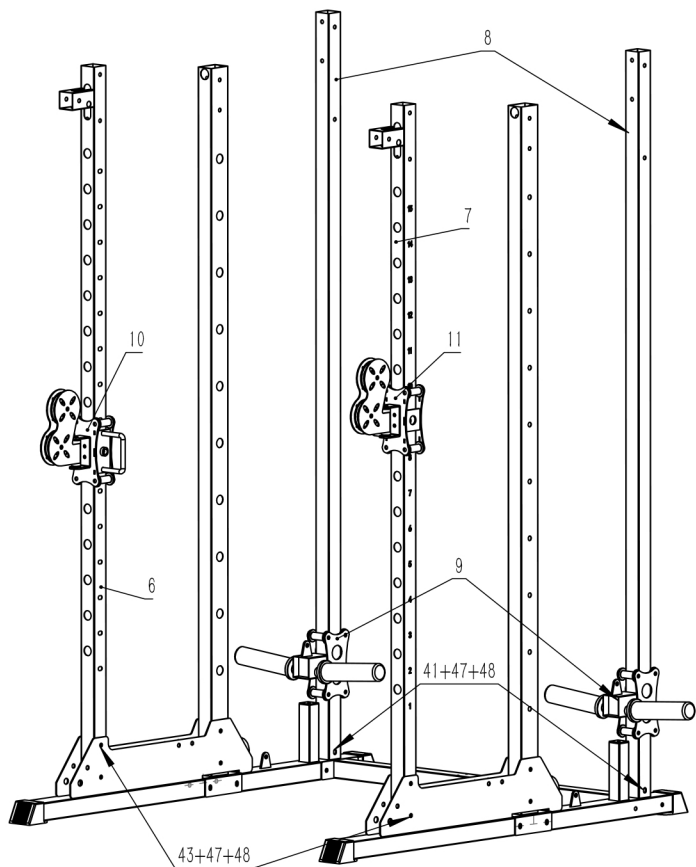
NO.	Part Name	Specifications	Number
1	Base		2
2	Lower crossbeam		1
45	Screw	M10*90	4
47	Nut	M10	4
48	Flat pad	M10	8

STEP2:



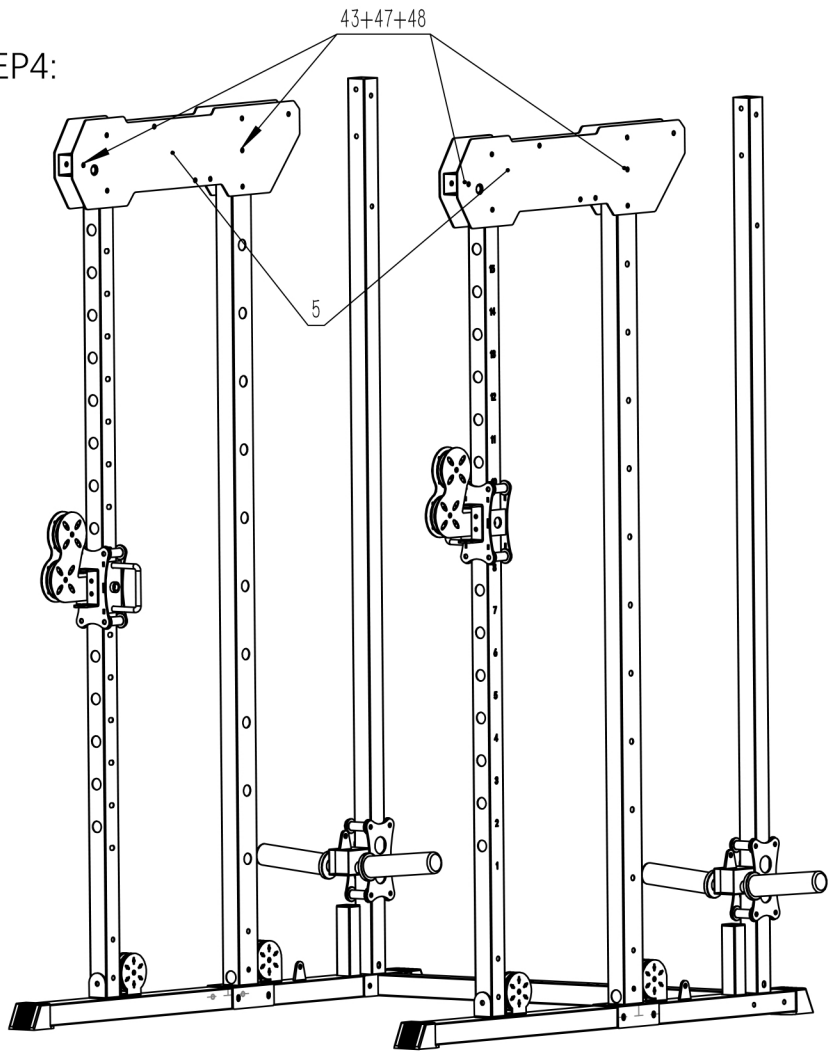
NO.	Part Name	Specifications	Number
3	Middle column		2
45	Screw	M10*90	4
47	Nut	M10	4
48	Flat pad	M10	8

STEP3:



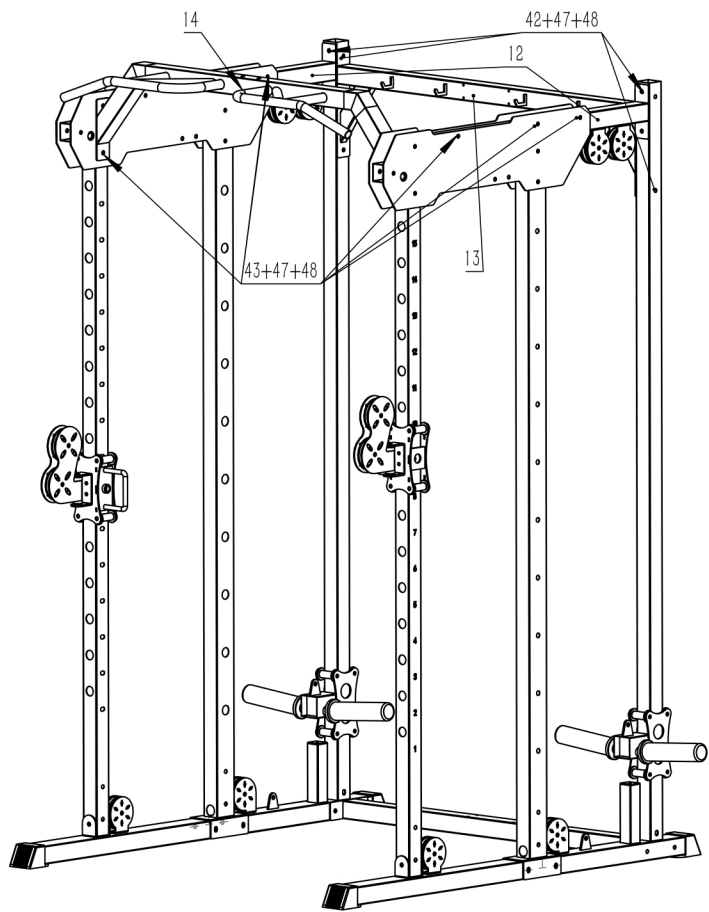
NO.	Part Name	Specifications	Number
6	Right front column		1
7	Left front column		1
8	Rear column		2
9	Counterweight frame		2
10	Left slider sleeve group		1
11	Right pulley slide block		1
41	Screw	M10*65	2
43	Screw	M10*75	2
47	Nut	M10	4
48	Flat pad	M10	8

STEP4:



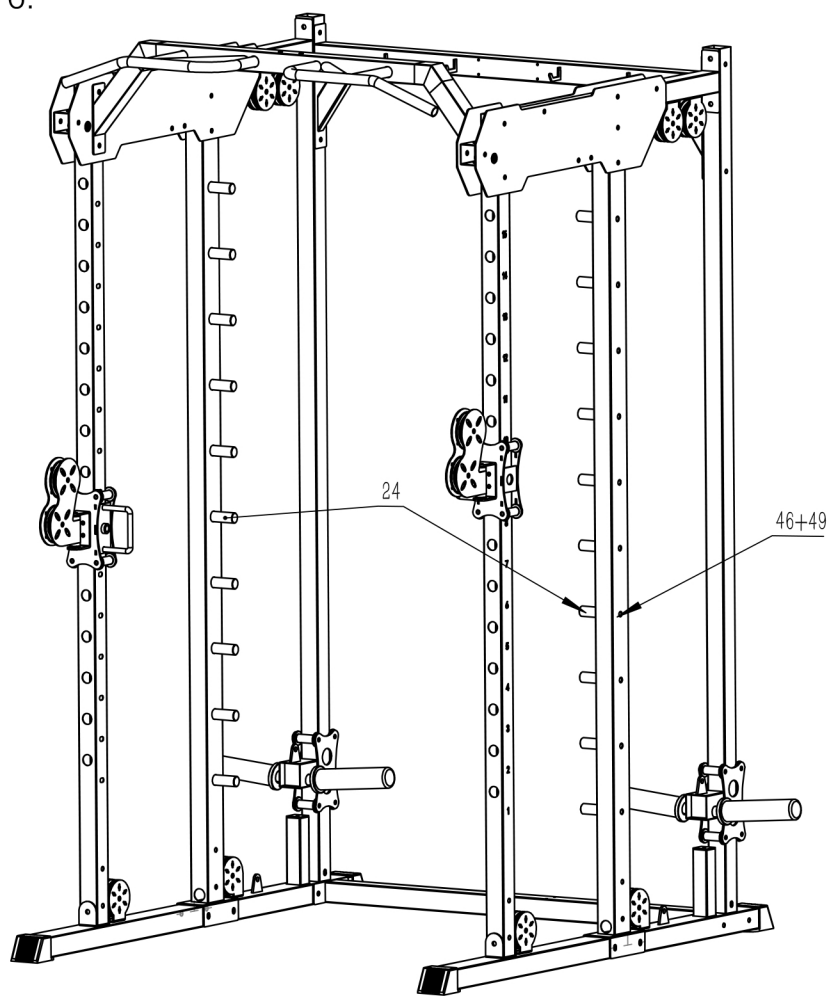
NO.	Part Name	Specifications	Number
5	Upper guard		4
43	Screw	M10*75	6
47	Nut	M10	6
48	Flat pad	M10	12

STEP5:



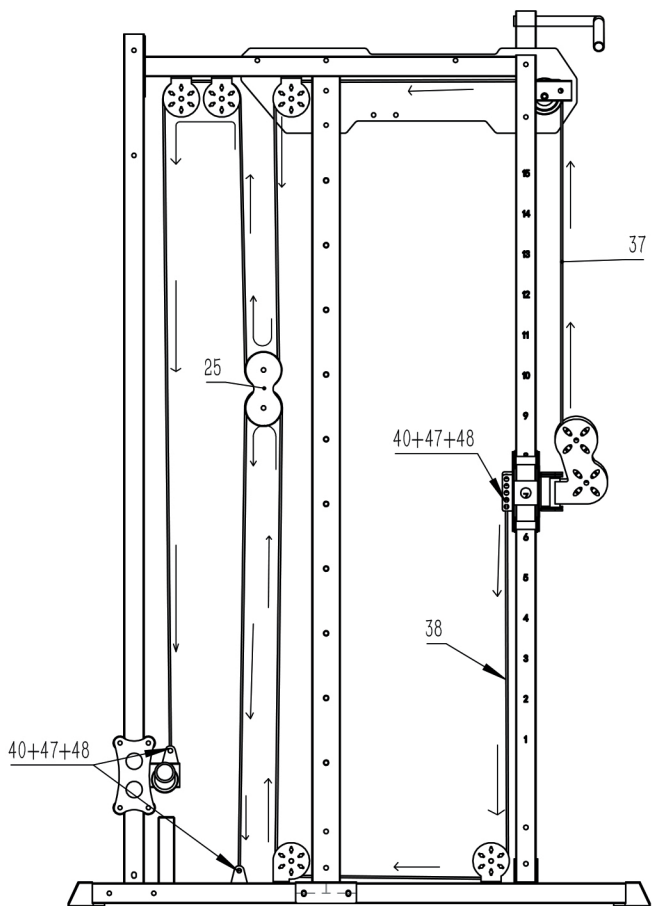
NO.	Part Name	Specifications	Number
12	Side cross member		2
13	Upper crossbeam		1
14	Introduction		1
42	Screw	M10*70	8
43	Screw	M10*75	10
47	Nut	M10	18
48	Flat pad	M10	36

STEP6:



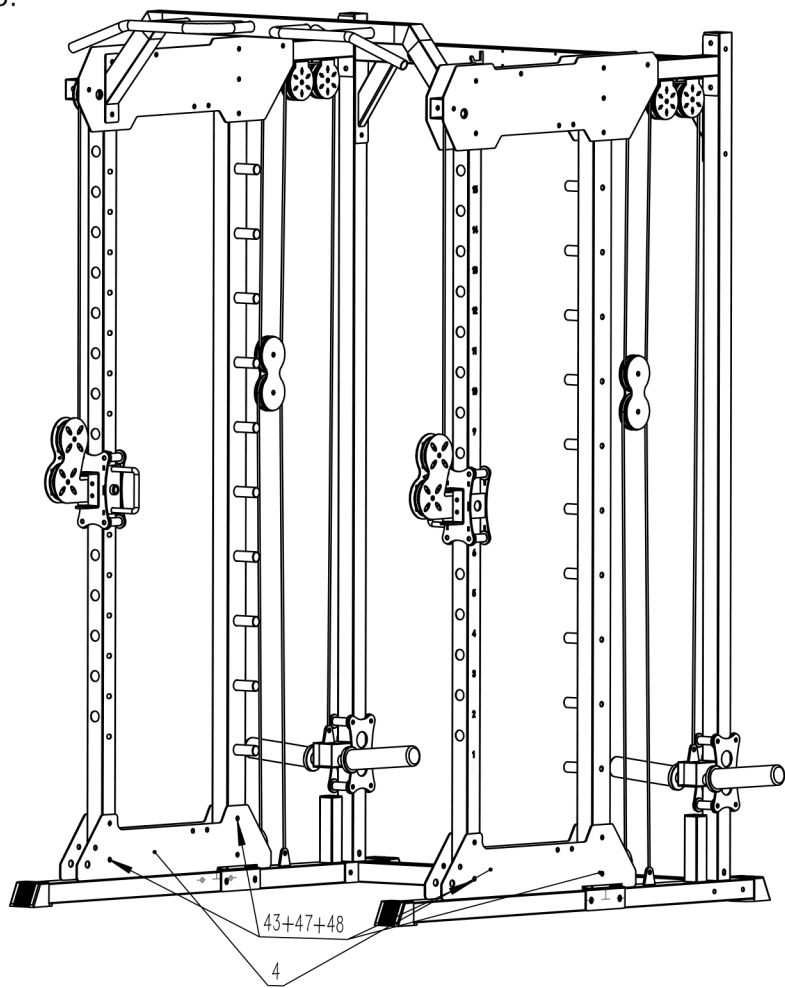
NO.	Part Name	Specifications	Number
24	Hanging shaft		20
46	Screw	M12*20	20
49	Flat pad	M12	20

STEP7:



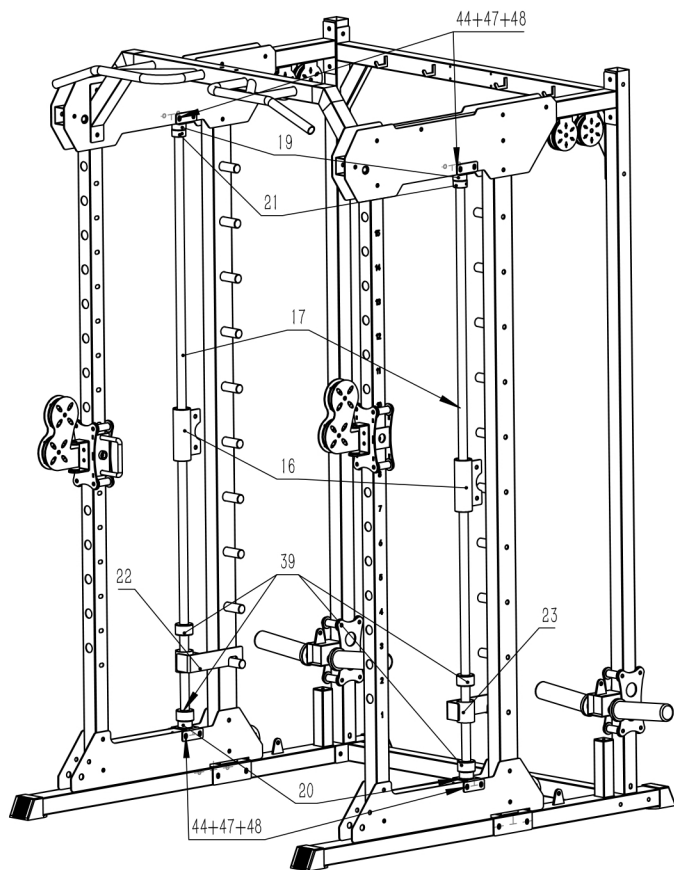
NO.	Part Name	Specifications	Number
25	Movable pulley block		2
37	Long rope		2
38	Short rope		2
40	Screw	M10*25	6
47	Nut	M10	6
48	Flat pad	M10	12

STEP8:



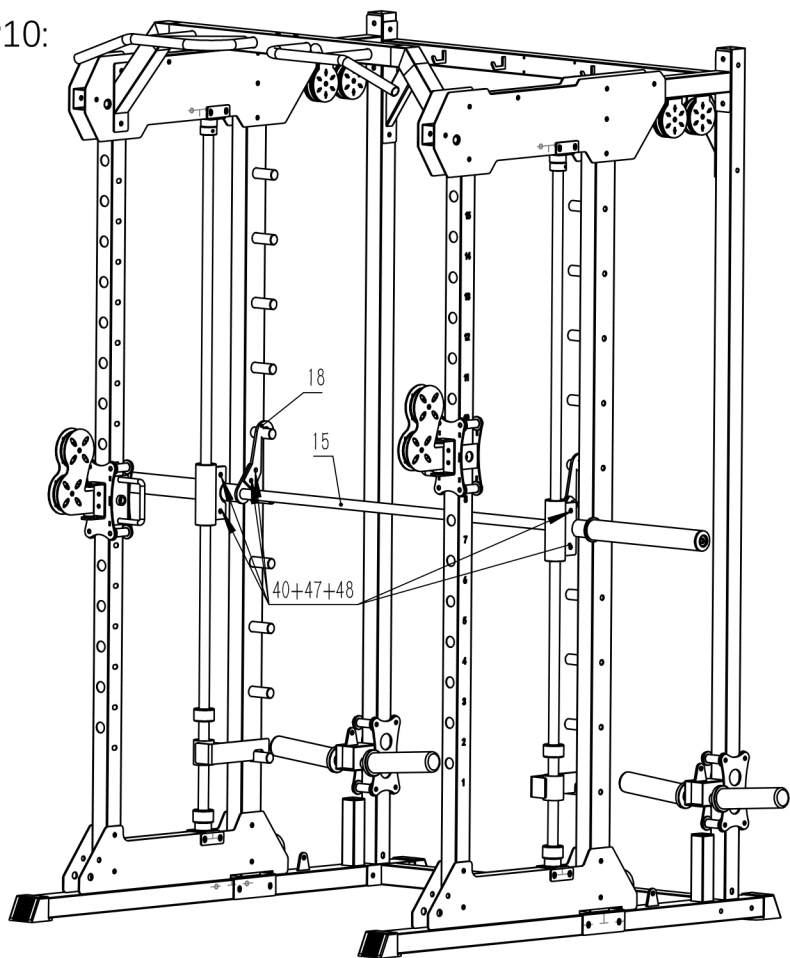
NO.	Part Name	Specifications	Number
4	Lower guard		4
43	Screw	M10*75	8
47	Nut	M10	8
48	Flat pad	M10	16

STEP9:



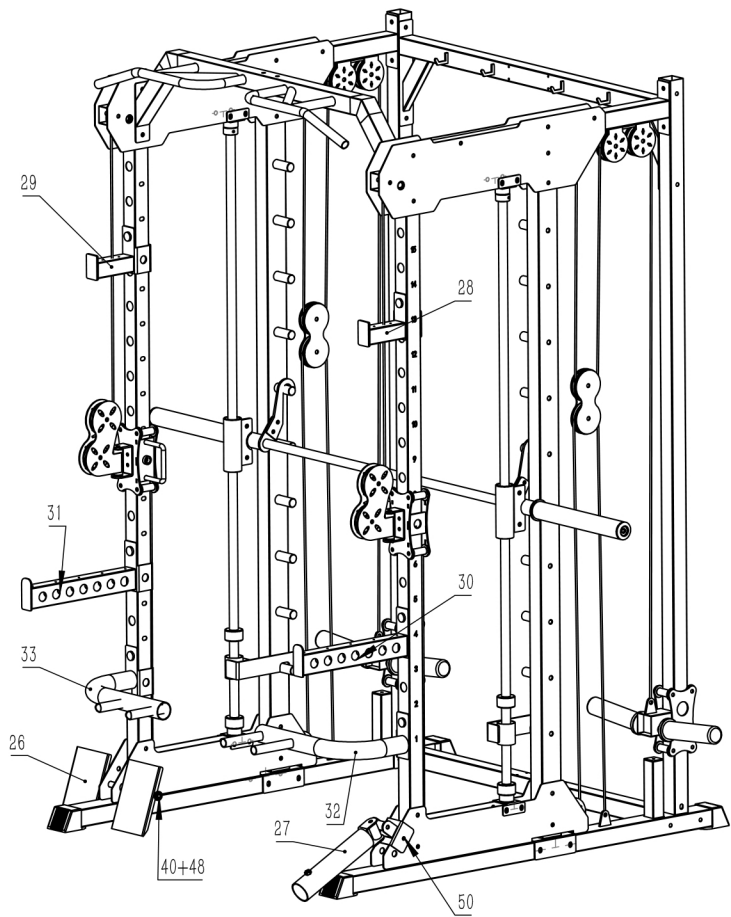
NO.	Part Name	Specifications	Number
16	Slide sleeve of guide rail		2
17	Guide		2
19	Upper fixing group of guide rail		2
20	Lower fixing group of guide rail		2
21	Guide rail fastener		2
22	Right safety hook		1
23	Left safety hook		1
44	Screw	M10*80	8
47	Nut	M10	8
48	Flat pad	M10	16
39	Shock pad		4

STEP10:



NO.	Part Name	Specifications	Number
15	Barbell		1
18	Smith hook		2
40	Screw	M10*25	8
47	Nut	M10	8
48	Flat pad	M10	16

STEP11:



NO.	Part Name	Specifications	Number
26	Foot pedal		1
27	Barrel		1
28	Right short protective bar		1
29	Left short protective bar		1
30	Right long protective bar		1
31	Left long protective bar		1
32	Right curved blind tube		1
33	Left curved blind tube		1
40	Nut	M10*20	2
48	Flat pad	M10	2
50	Round shank pin		1

